Portfolio Assignment Option #8 Canadian Blood Services

Name:	Date Handed In:

Instructions:

- 1. Many of the following question require you to conduct research. Include at the end of your assignment a reference page. Also include photocopies or print out of all material used in your research.
- 2. Remember to put researched material into your own words.
- 3. Hand in this sheet.

Questions:

- 1. Describe the blood donating process you went through. Start with signing up in guidance to the evening of donation day. Be very thorough in detailing: thoughts, feelings, process.
- 2. Discuss 4 reasons why people are excluded from donating blood. What are the reasons/history behind these restrictions?
- 3. Discuss the history of blood transfusions.
- 4. Identify and explain 4 types of blood donations that are possible. Which did you do?/Would you have done?
- 5. What happens to the blood after you have donated?
- 6. There are 4 major components of blood. Describe each and discuss how each can be used to help others (specific scenarios).
- 7. What is the average amount of blood in a person (in litres)
- 8. Physiologically what happens to a persons body after donating. What is and how long is the recovery process?
- 9. How often can you give blood?
- 10. Any other research you would like to share on this subject.

Evaluation Rubric:

Category	Incomplete/ Remediation	Level 1	Level 2	Level 3	Level 4
Knowledge and Understanding -knowledge of facts and terms	Insufficient demonstration of expectations	Demonstrates limited knowledge of facts and terms	Demonstrates some knowledge of facts and terms	Demonstrates considerable knowledge of facts and terms	Demonstrates thorough knowledge of facts and terms
Thinking/Inquiry - analyzing and interpreting information; forming conclusions	Insufficient demonstration of expectations	Uses thinking skills with limited effectiveness	Uses thinking skills with some effectiveness	Uses thinking skills with considerable effectiveness	Uses thinking skills with a high degree of effectiveness
Communication communication of ideas and information	Insufficient demonstration of expectations	Communicates information and ideas with limited clarity	Communicates information and ideas with some clarity	Communicates information and ideas with considerable clarity	Communicates information and ideas with a high degree of clarity and confidence
Application -making connections	Insufficient demonstration of expectations	Makes connections with limited effectiveness	Makes connections with some effectiveness	Makes connections with considerable effectiveness	Makes connections with a high degree of effectiveness